

The Green House Center for Growth & Learning Presents:

DISCOVERING YOUR OWN ATTACHMENT: A Group for Adults

INSTRUCTORS:

Marilee Woolstenhulme, CSW
Elsebeth Green, LCSW, RPT-S

DATES & TIMES:

5:30 -7:00 pm Thursday evenings for 8 weeks
Proposed start date Thursday September 17
through Thursday November 5

FEES:

\$125 for an individual;
Reduced rate of \$175 for a couple

*Make-up sessions for missed group sessions can be scheduled at the price of a regular therapy session (\$95 same-day). Fees for missed sessions are not reimbursed.



The Green House Center
for Growth & Learning
194 S. Main Street
Pleasant Grove, UT 84602
www.greenhousegroup.org

The Course Will Address the Following Areas:

- Attachment styles in adults
- Exploring family attachment styles
- Understanding how your attachment affects your parenting relationships
- Understanding how your attachment affects your intimate relationships
- Keys to secure attachment in adulthood including communication, interpersonal style, narratives, letting go of control issues, and styles of parenting.



All course participants will be required to bring a notebook or journal.
As the course accepts only a limited number of participants, space is reserved by payment.
Call (801) 785-1169 & speak to Julie to reserve your spot today!